

3 Keys to **DISCOVERING** *your* **PASSION**



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Introduction

Everything in this world was created for a purpose. Your car was invented for a purpose. Your washing machine was made for a purpose. Heck, even your four-post bed was designed for a purpose. If all of these material things have a purpose then YOU most certainly have a purpose in this world. Your purpose and your passion go together like bread and butter. Knowing your passion takes some time. If you are worried that you haven't yet discovered yours, don't fret because you most certainly aren't alone.

I wasn't sure of my passion when I started working. Sometimes we wind up in jobs we're not passionate about and that's okay because it takes a series of trials-and-errors until you discover what you really want. I certainly wasn't sure of my purpose when I did my own self-reflection and yet despite my uncertainty, ironically there was one thing I was so sure of, I had a passion for something so great, something I had yet to discover on my own.

Once you've discovered your passion it's safe to say you've already found your purpose as well. See, discovering your passion is a crucial element needed for your success. Your passion gives your life meaning and gives it purpose, which is why it is very important that as early as now you should identify what you are passionate about.

Now the thing about discovering your passion is that it doesn't come to you right away. As I've said, there are people who actually end up working from one job to the next until they discover what they want. But soon as they discover their passion, BOOM! they are already geared towards success. And that's the best thing about knowing your passion; you get to live a life with a purpose, a life that gives you genuine joy and fulfillment, a life that is set to bring you success, a life that you could definitely say is worth living for.

I know a lot of you don't want to hop from one job to another and I know that you'd want to discover your passion right away. Lucky for you, I've learned that there are 3 keys to discovering your passion and I am going to share them with you. Don't wait for passion to find you, look for it.

1. Give Yourself Permission

There are people who think they may have found their passion but are reluctant to pursue it. Why? Because these people feel that they don't deserve it. Somehow, they have established limiting beliefs around the idea that they don't deserve to pursue their passion. What they don't know is once you follow your passion you are actually doing yourself and those around you a favour. You get to help more people, you get to generate more money and you get to work lesser hours.

I have a friend whose passion is writing. She says that writing is her form of therapy. Despite having to work 8 hours a day, she doesn't feel like she's working at all because she loves what she is doing and she is passionate about it. She says it's just like writing in her diary only she gets paid to do it. How fun is that?

You know you've found your passion when Mondays don't give you the blues and when waking up in the morning doesn't feel like a chore but instead you get excited to wake up and start the day so you can get to work. That's what passion does to your life. It takes away the monotony of your routine and it gives you a sense of fulfillment. My advice is that you give yourself permission to feel amazing about what your day is going to bring. Don't beat yourself up. Don't be too hard on yourself. Give yourself permission to grab what your passion is and just enjoy it. When you give yourself permission to follow your passion you are actually allowing yourself to experience happiness and that happiness will radiate from you, infecting those around you. You see, when you discover your passion, you are not just helping yourself, you are also helping those around you.

If you feel like you've found your passion may it be in real estate, in retail, in writing, in the corporate world, go ahead and pursue it. Don't hold yourself back with your limiting beliefs. Set yourself free.

2. Get Clarity

I'm sorry to break it to you but you don't wake up in the morning knowing your passion. But you can discover it on your own by asking really good questions. Questions like; what do I love the most? What makes me happy? What am I passionate about? What are the things that bring me happiness and fulfillment? When do I want to make changes? When am I going to go and follow my passion? Who is going to help me get there? These questions can guide you in discovering your passion.

I usually tell my clients to get a good coach so they don't make unnecessary mistakes and spend 3, 5 or 10 years trying to achieve their goals. Coaches possess the knowledge, wisdom, skills, experience and expertise that can guide you in finding your passion. But their work doesn't end there, aside from helping you figure out what you are passionate about, your business coaches are going to be with you to help you achieve your goals.

Engaging a business coach is just one of the ways for you to get clarity. You also need to have good people around you. Surround yourself with people who emanate positivity. In other words, don't hang out with pessimistic people because their negativity will rub off on you so instead of getting pumped up and encouraged you'll feel hopeless and discouraged and when that happens, the will to pursue your passion and your goals will be lost. Be very careful when it comes to choosing who you spend most of your time with because their attitude towards life and work can be very powerful and it can impact your life without you even being aware of it.

3. Allow For Change

It has been said that change is the only constant thing in this world. Yes, routines can give us a sense of comfort and security but you have to ready yourself for change. Ready and allowing change to take its course can bring you success. So don't resist change but instead welcome it with open arms. Successful people didn't end up where they are because they resisted change. They became successful because they learned to allow changes in their lives and in their businesses.

There are people who start out in their business thinking they are going to be doing the same thing over and over for the next 5 to 10 years but then the universe somehow veers them towards a different path, a path that they need to be in and as a result their business ends up being something totally different from what they initially set it out to be. And that is perfectly okay! Don't be discouraged when changes arise because that is part of life. These changes are preparing you to become the best version of yourself so you can conquer greater and grander things and acquire more success in the future.

Over time you will realise and understand why your business took a different turn because that's where you can help more people and have a bigger impact. So when the universe takes your business in a different direction, don't resist and instead go with the flow. Allow the universe to take you to places outside of your comfort zone because that's when you'll grow. Embrace the process and love the changes. The changes you are going to go through, no matter how uncomfortable and unfamiliar, will somehow lead you towards business growth. You might not see it now but over the long term you'll begin to appreciate why those changes came your way.

Conclusion

Humans as we are, we have this innate desire to look for fulfillment, the kind of fulfillment that gives us genuine happiness. One way of experiencing fulfillment is discovering what your passion is. Indeed, life's trivialities can make us happy but only for a short time, such as when someone says your dress looks nice or when someone gives you a bar of chocolate. These things can make anyone happy but this kind of happiness doesn't last long and it does not give you the kind of fulfillment you crave for. You can only experience an overwhelming sense of fulfillment once you are living your passion.

Just like my friend, she wakes up every morning energized because she is passionate about what she does. The same can happen to you and to anyone as long as you pursue your passion. These 3 keys I have shared with you helped me find my true passion and since then I've appreciated my life even more. Not only did it give me fulfillment and happiness, it also allowed me to help other people. If you haven't discovered your passion yet, I believe these 3 keys will help you find it. Good luck!



I would love to offer you a FREE half hour discovery session personally with me. I guarantee by the end of the session you will know exactly what your next step is in your business or life. If you would like my FREE gift complete the form in the link below and I will be in touch with you very soon.

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If you would like to work with me more closely please go to the link below.

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